

We provide best practice care with dignity and respect in a homelike atmosphere.

We recognise the changing needs and expectations of residents and can cater to individual preferences and interests.

#### **Our purpose**

Delivering peace of mind with our care.

### **Our values**

#### Respect

We protect the dignity, rights and values of individuals.

#### Accountability

We are all responsible for working safely and with integrity.

#### Connection

We develop vibrant and supportive relationships based on warmth and generosity.

#### Show your support

Has Pastoral Care made a difference to your life?

Donate to the Eldercare Pastoral Care and Palliative Fund and help us keep caring.

Please place your donation in an envelope marked 'Pastoral Care and Palliative Fund' and give it to an Eldercare staff member at your site's Administration office.

Donations over \$2 are tax deductible.

Your generosity will assist us in achieving our purpose.



# Call us on (08) 8291 1000 or visit eldercare.net.au

### **Head Office**

247 Fullarton Road, Eastwood SA 5063 PO Box 600, Fullarton SA 5063



# **Pastoral Care**





## **Pastoral Care**

Your emotional wellbeing is important.

Eldercare provides Pastoral Care as part of our holistic care commitment to you and your loved ones.

If you need a listening ear and an empathic, supportive companion, our Chaplains can help – irrespective of your spiritual beliefs.

# How the Chaplain can assist

It is normal to experience conflicting emotions when you or a loved one enters residential care.

Eldercare's on-site Chaplains can help you:

- address feelings of worry, loss, loneliness and bereavement
- answer questions about your faith, beliefs or spirituality
- develop strategies to support your emotional wellbeing
- talk about your life's meaning and record end of life wishes
- offer comfort and companionship to loved ones in Palliative Care
- access other professional services (e.g. counselling)

# Family and friends matter

We understand the challenges families and friends can face.

No family is perfect. Some live with painful histories and present difficulties.

Our Chaplains are available, as a confidential resource, to help ensure sensitive issues are addressed so your resident family member receives the best care.

#### Our commitment to you

Eldercare provides Pastoral Care based on the values of respect, accountability and connection.

Our Chaplains are experienced in Pastoral Care and receive ongoing professional aged care training.

Your on-site Chaplain will be:

- impartial and confidential
- a 'safe' listener to deep concerns
- inclusive and sensitive
- resourceful and friendly
- a skilled mediator

Eldercare Chaplains are based at all our residential aged care locations.

# **Faith-based services**

Eldercare Chaplains support and encourage individual spirituality and beliefs.

Non-denominational Christian worship services are held regularly at all sites.

Your Chaplain can also help arrange visits from representatives belonging to your preferred faith community.

