goodwood
by Eldercare

Optimal Care Packages



Thank you for choosing Eldercare as your care provider and welcome to our Optimal Care Program.

Thank you for choosing Eldercare as your trusted care provider. Welcome to our Optimal Care program, an initiative based on our unique Model of Care approach. This program is designed to exceed the standards set by the Australian Government, ensuring that our residents receive the highest quality of care.

Over the past five years, Eldercare's Optimal Care program has consistently delivered superior health and wellbeing outcomes for our residents, surpassing industry benchmarks. These results are measured against national standards for clinical safety and quality of life, providing peace of mind for both residents and their families.

*Please see our Model of Care (MoC) outcomes brochure for these results.

Optimal Care Plus

Model of Care

Value: **$33**

Personalised Care Coordination

A senior Registered Nurse, known as the Clinical Leader, will be your main contact to help coordinate your ongoing care. This is part of Eldercare's unique Case Management Approach, designed to ensure your care is consistent and well-organised.

The Clinical Leader builds a relationship with you and your family to create a personalised care plan that supports your needs both at Eldercare and beyond. They also guide the wider care team to deliver your plan and support your overall wellbeing.

We believe that working together in this way is essential to help keep you safe and well, especially as your health needs change.

Reablement programs

Access to the gym and therapist run 'Shine' programs.

Extended Care programs

Support from specialist staff in:

- Dementia Care
- Mental Health Care
- Palliative Care
- Spiritual Care

Enhanced Care

Value: **$11**

Additional Allied Health treatment options available:

- Dietetics
- Social Work
- Speech Pathology
- Podiatry
- Physiotherapy/ Occupational Therapy
- *Dental
- *Audiology
- *Optometry

Access to onsite hearing aid repairs and cleaning

Specialist wound nursing services

Onsite Property Service Officers responsive to resident requests – e.g. hanging pictures, moving furniture

*Service fees apply

Enhanced Comfort

Value: **$6**

King single bed

This mattress size offers more space than a standard single bed, making it ideal for those who want extra room to stretch out

Premium mattress

This mattress offers enhanced comfort and advanced pressure care

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Enhanced Food and Dining

Value: **$19**

Chef prepared meals with locally sourced ingredients

Three weekly hot breakfasts

Additional main meal choices

Choice of wine or beer with lunch and dinner

Additional desserts

Access to private dining room / outdoor BBQ area for family / social occasions

Enhanced Lifestyle

Value: **$18**

Additional activities available to members

Access to the on-site Concierge

Unlimited personal clothing labels affixed to your items

Subsidised hairdressing (at resident's expense)

Access to Counselling sessions for residents and family members

Cost of transport AND incidentals (food, tickets etc.) covered for outings

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Enhanced Technology

Value: **$18**

Swift TV multimedia platform available on your in-room TV

Telephone in room with unlimited local, national and mobile calls at no additional charge

Unlimited Wi-Fi usage

Unlimited annual testing and tagging of your personal electronic equipment and items

Optimal Care Plus Package

$105 Total Value | **$38.50** Bundled cost per day