

# Optimal Care Packages



## Thank you for choosing Eldercare as your care provider and welcome to our Optimal Care Program.

Thank you for choosing Eldercare as your trusted care provider. Welcome to our Optimal Care program, an initiative based on our unique Model of Care approach. This program is designed to exceed the standards set by the Australian Government, ensuring that our residents receive the highest quality of care.

Over the past five years, Eldercare's Optimal Care program has consistently delivered superior health and wellbeing outcomes for our residents, surpassing industry benchmarks. These results are measured against national standards for clinical safety and quality of life, providing peace of mind for both residents and their families.

\*Please see our Model of Care (MoC) outcomes brochure for these results.

## Optimal Care

### Model of Care

Value: **\$30**

#### Personalised Care Coordination

A senior Registered Nurse, known as the Clinical Leader, will be your main contact to help coordinate your ongoing care.

This is part of Eldercare's unique Case Management Approach, designed to ensure your care is consistent and well-organised.

The Clinical Leader builds a relationship with you and your family to create a personalised care plan that supports your needs both at Eldercare and beyond. They also guide the wider care team to deliver your plan and support your overall wellbeing.

We believe that working together in this way is essential to help keep you safe and well, especially as your health needs change.

#### Fitness therapy programs

Access to the gym and therapist run 'Shine' programs.

#### Extended Care Programs:

- Dementia Care approach
- Mental Health Care approach
- Palliative Care approach
- Spiritual Care approach

### Enhanced Care

Value: **\$10**

Access onsite to our extended allied health services:

- Dietetics
- Social Work
- Speech Pathology
- Podiatry
- Physiotherapy / Occupational Therapy
- \*Dental
- \*Audiology
- \*Optometry

Access to onsite hearing aid repairs and cleaning

Specialist wound nursing services

Onsite Property Service Officers responsive to resident requests – eg hanging pictures, moving furniture

\*Service fees apply

### Enhanced Comfort

Value: **\$3**

**Premium mattress** – This mattress offers enhanced comfort and advanced pressure care

### Enhanced Food and Dining

Value: **\$5**

Chef prepared meals with locally sourced ingredients

Twice weekly hot breakfasts

Choice of three options per meal

Dessert with lunch and dinner

### Enhanced Lifestyle

Value: **\$5**

Additional activities available to members only

Transport covered for external outing

Unlimited personal clothing labels affixed to your items

Subsidised hairdressing (at resident's expense)

### Enhanced Technology

Value: **\$8**

Flat screen smart TV in your room

Unlimited WiFi usage

Unlimited annual testing and tagging of your personal electronic equipment and items

**Optimal Care Package**

**\$61**  
Total Value

**\$20**  
Bundled cost per day

# Optimal Care Plus

## Model of Care

Value: **\$30**

All inclusions in the Optimal Care package

## Enhanced Care

Value: **\$10**

All inclusions in the Optimal Care package

## Enhanced Comfort

Value: **\$5**

All inclusions in the Optimal Care package

**King single bed** – This mattress size offers more space than a standard single bed, making it ideal for those who want extra room to stretch out

## Enhanced Food and Dining

Value: **\$17**

All inclusions in the Optimal Care package, PLUS

Three weekly hot breakfasts  
Choice of wine or beer with dinner  
Access to private dining room for family / social occasions

## Enhanced Lifestyle

Value: **\$8**

All inclusions in the Optimal Care package, PLUS

Cost of transport AND incidentals (food, tickets etc.) covered for outings

## Enhanced Technology

Value: **\$10**

All inclusions in the Optimal Care package, PLUS

Telephone in room with unlimited local, national and mobile calls at no additional charge

**Optimal Care Plus**  
Package

**\$80**  
Total Value

**\$30**  
Bundled cost per day