

Spiritual care practitioners:

- **Listen** to you with respect, empathy and non-judgement
- **Journey** with you and your loved ones during times of transition or challenge; grief, loss or loneliness; and also in times of joy and celebration
- **Explore** your important life connections, your values and what gives you meaning and purpose through our Connect-Explore assessment
- **Provide** meaningful rituals, ceremonies, and reflection services - including prayer and meditation
- **Assist you** to coordinate visits from your religious/spiritual/cultural representatives
- **Support** your spiritual practices, creative expression and/or life reflection
- **Accompany** you, by providing emotional and spiritual support, during palliative care and end of life
- **Make a referral** to other members of our care team, or another service, where appropriate

Eldercare is committed to a whole of organisation focus on spiritual care, as an integral part of our Wellbeing Approach and underpinned by our holistic Model of Care.

Ask a staff member for more information or if you would like to meet with your spiritual care practitioner.

Our purpose

Delivering peace of mind with our care.

Our values

Respect

We protect the dignity, rights and values of individuals.

Accountability

We are all responsible for working safely and with integrity.

Connection

We develop vibrant and supportive relationships based on warmth and generosity.

Eldercare
peace of mind

Spiritual care



Spiritual care

Eldercare’s spiritual care practitioners have the time to genuinely listen and support residents and families with compassion, non-judgement, and kindness.

Our spiritual care team offers a respectful and professional spiritual care service that honours the dignity, diversity, and value of each person.



Eldercare recognises that spiritual care is a human right, and all residents should have access to meaningful and inclusive spiritual and emotional care¹.

What is spirituality?

Spirituality is about meaning, hope, purpose, and the important connections in each of our lives.

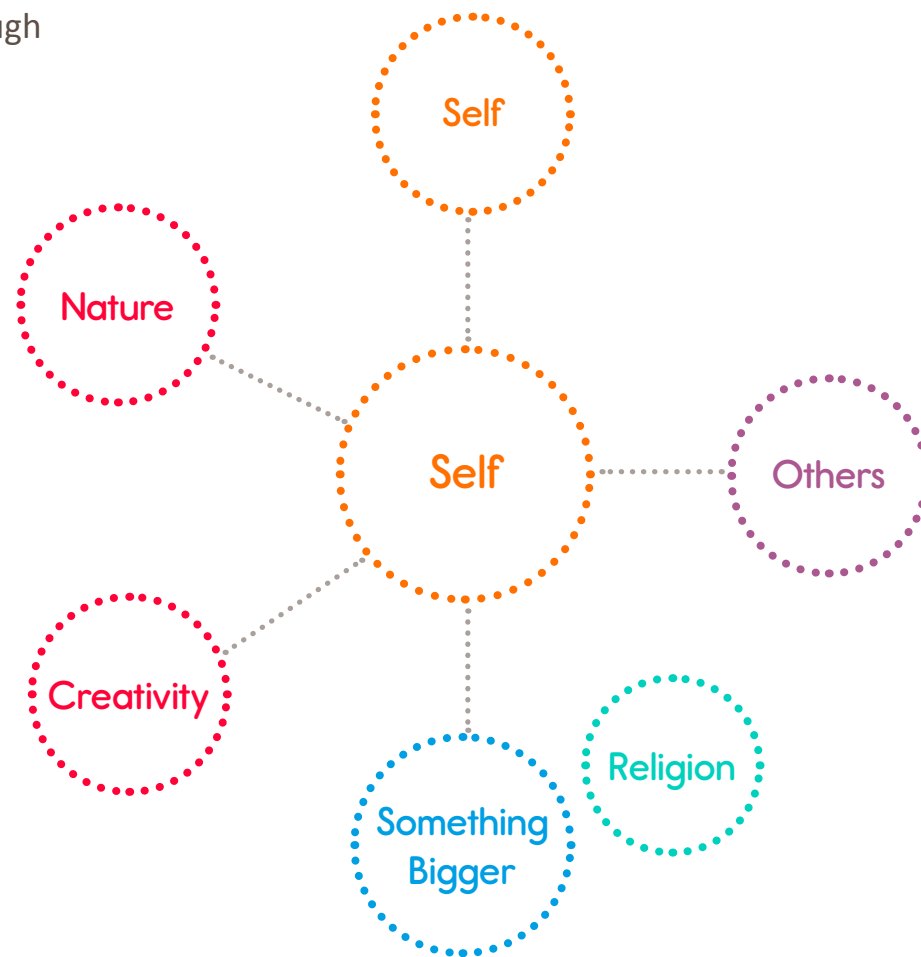
This might encompass religious faith or cultural expressions for some, while for others, it could be the peace and emotional solace found through nature, creativity, significant relationships, or engaging in acts of service².

Who is spiritual care for?

Eldercare’s spiritual care team support residents and families from all faith traditions, as well as those who have no faith connections.

We are here to listen to what you want to talk about. We are comfortable with discussing your concerns and fears as well as sharing in moments of hope and joy.

Eldercare uses Meaningful Ageing Australia’s ‘Connecto’ model (below) to guide discussions that help us understand the connections most important to residents.



1. Meaningful Ageing Australia, National Guidelines for Spiritual Care in Aged Care, 2016.

2. Rachael Wass, CEO of Meaningful Ageing Australia, 2023.